

FOR PARENTS & CAREGIVERS

Five little days. A big sound adventure.

A practical starter pack to print or follow on screen.

Listen together

Use the app's English sounds as your model.

One small activity each day

Try about 5–10 minutes, or less if that suits your child.

No race to finish

Repeat a day, take a break and celebrate trying.



Open the app:
[Phonics Play · web app](#)

Instructions can appear in French. Sounds, words, stories and answers remain English. Progress stays in the same browser on the same device.

DAY 1

Meet a sound

m · s · a

1. Listen

Listen to the English sounds for m, s and a in Sound Lab. Use the short a sound in apple. Ask your child to point to a letter after hearing its sound.

2. Play together

Write m, s and a on three slips of paper. Say one sound, let your child choose the letter, then swap roles.

A parent tip

Say the sound, not the letter name. Keep m and s smooth; avoid adding an extra “uh”. Listen together if you are unsure.

Have a go

Point to m. Now point to s. Which letter starts the word sun?

Answer: s begins sun. Repeat the sound in the app if needed.

Find it in the app: [Sound Detective](#)

DAY 2

Slide sounds together

s > a > m > sam

1. Listen

Listen to each sound, then bring the sounds closer together: sss-aa-mmm. Blend into sam. Practise with the name Sam.

2. Play together

Lay out s, a and m. Move a finger underneath from left to right while you blend. Let your child slide the letters together.

A parent tip

Model it once before asking your child. If three sounds feel hard, return to listening and matching two familiar letters.

Have a go

Blend: s-a-t. Then blend: m-a-t.

Answer: sat; mat. The short a stays the same.

Find it in the app: [Word Builder](#)

DAY 3

Build a little word

cat > mat > sat

1. Listen

Read cat with your child. Change only the first letter to make mat, then sat. Hear how one sound changes the word.

2. Play together

Make letter cards c, a, t, m and s. Build one word at a time. Say each sound, blend it, then talk about the meaning.

A parent tip

CVC means consonant-vowel-consonant. These examples each have three letters and three sounds.

Have a go

Fill the gap: c _ t. Use the short a sound.

Answer: cat. Offer the a card if remembering the letter is tricky.

Find it in the app: [Missing Letter](#)

DAY 4

Listen for an ending

cat · hat · sun

1. Listen

Say cat and hat. Hear the shared ending. Then say cat and sun: the endings differ.

2. Play together

Make a listening game: "Does hat rhyme with cat?" Add mat and sat. Say the words aloud; no writing is needed.

A parent tip

A rhyme is about sound, not just matching letters. Begin with familiar spoken words.

Have a go

Which rhymes with cat: hat or sun?

Answer: hat. Cat and hat share the /at/ ending.

Find it in the app: [Rhyme Balloons](#)

DAY 5

Read, remember, celebrate

Sam sat.**1. Listen**

Blend Sam and sat, then read the short sentence: Sam sat. Ask your child to show you what it means.

2. Play together

Revisit one word that felt tricky. Try it again together, then let your child choose a favourite game.

A parent tip

Praise a specific effort: "You listened again and found the sound." Finish while practice still feels enjoyable.

Have a go

Read: Sam sat. Who sat?

Answer: Sam. Reading includes understanding, not only saying the words.

Find it in the app: [Practice Backpack](#)